

FINE MOTOR MILESTONES

BIRTH TO 6 MONTHS



- 1 month: Keeps hands fisted most of the time
- 2 months: Holds a rattle when placed in the hand
- 3 months: Reaches for dangling objects and faces
- 4 months: Holds and shakes a rattle; plays with and watches fingers
- 5 months: Reaches for a toy with both hands; grasps it with the whole hand
- 6 months: Transfers a toy between hands; bangs it on a table

6 MONTHS TO 1 YEAR



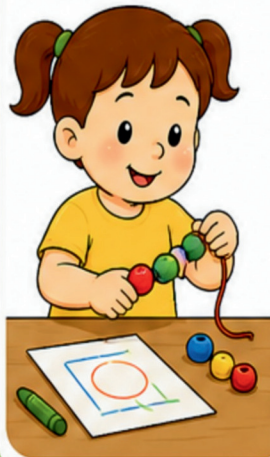
- Reaches, grasps, and brings objects to the mouth
- Releases objects with control
- Uses a pincer grasp to pick up small objects
- Transfers objects from one hand to the other
- Drops and picks up toys

1 TO 2 YEARS



- Builds a tower of 3 blocks
- Places 4 rings on a post and 5 pegs in a pegboard
- Turns 2 or 3 book pages at a time
- Scribbles and turns knobs
- Paints using whole-arm movements
- Self-feeds with minimal assistance
- Brings a spoon to the mouth
- Drinks independently from a cup

2 TO 3 YEARS



- Strings 4 large beads and turns pages one at a time
- Snips with scissors
- Holds a crayon with the thumb and fingers instead of a fist
- Uses one hand consistently
- Imitates lines and a circle
- Paints using some wrist movement
- Rolls, pounds, squeezes, and pulls play dough
- Eats independently

3 TO 4 YEARS



- Builds a tower of 9 small blocks
- Copies a circle and imitates a cross
- Manipulates clay
- Uses the nondominant hand to stabilize and assist
- Opens a jar
- Snips paper with scissors

4 TO 5 YEARS



- Cuts continuously along a line
- Copies a cross and a square
- Writes own name and numbers 1-5
- Copies letters
- Shows established hand dominance
- Dresses and undresses independently